

St Margaret's at Hasbury Church of England Primary School

Hagley Road, Halesowen, West Midlands B63 4QD

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LIVING LIFE IN ALL ITS FULLNESS

30th January 2024

Dear Parents/ Carers,

Our Mental Health Champions are looking forward to raising awareness during Children's Mental Health week (5-11th February). The aim of the week is to raise awareness and advocate for good mental health by empowering and equipping children to use their voice.

To celebrate and show our support, we have some fun activities planned for all our children to take part in. We will explore different emotions, promote good mental health and look at different coping strategies.



Every child at school is invited to take part in our exciting, collaborative book in support of Children's Mental Health!

We would like children to create their own piece of work, at home, which promotes good mental health. This can be in the form of a poem, poster, short story, art work, comic strip etc.

The work will be judged by the Mental Health Champions and those who are chosen will have their work published in a book, which will be available in all class libraries.

All entries:

- Must be no bigger than A4.
- Must be 2D (so that they can be printed).
- Must be grammatically correct and contain no spelling mistakes.
- Must have the child's name and class on the back.
- Entries must be received by the 21st February 2024.

We hope that you will join us in supporting your children during this week of good mental health!

Kind regards,

Mrs Pettifer-Hare & The St Margaret's Mental Health Champions

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